



## WHAT IS IMPORTANT TO ME

**What's most important to you as you think about how you want to live at the end of your life? What do you value most? Sharing your "what is important to me" statement with your loved ones could help them communicate with your doctor/medical team about what makes life worth living for you ...what is worth pursuing treatment for, and what isn't.**

***The Part 2 E. section of the Advance Health Care Directive allows you to personalize your wishes regarding end-of-life care. It's also okay to leave this section blank.***

***Following are examples of what others have expressed.***

Try to keep me alive until my daughter from California arrives.

I would like to die at home if it is possible.

Do trial of life support treatments that my doctors think might help but if the treatments do not work and there is little hope of getting better, stop the life support treatments.

Please make a referral for Hospice care as soon I'm eligible so that they can provide therapies to maintain my comfort and dignity and help us as a family.

I would like to say goodbye to all my children.

I do not want to be a burden to my family.

I want to be comfortable and as pain free as possible and to not be short of breath.

I am an organ donor.

I would like to meet with clergy and be at peace with God.

Please play my favorite type of music (Hawaiian, classical, '60's).

Do not allow my son Joey to impose his wishes over mine.

I do not want to be connected to life support machines. Focus on my being comfortable.

I do not want       (name of person)       to have access to my medical information.

*For more information on Advance Health Care Directives, contact Community First at [CommunityFirstHawaii.org](http://CommunityFirstHawaii.org) or Kokuu Mau at [kokuuamau.org](http://kokuuamau.org).*