

ADVANCE HEALTH CARE DIRECTIVE

Do you have one?

Let us help you complete your Advance Health Care Directive. It documents who will make medical decisions for you when you no longer can. It helps your doctor and loved ones know what kind of care you want or do not want if you are unable to speak due to illness or accident.

Already have an Advance Health Care Directive? Learn how to review update it to ensure it meets your current needs

Free In-Person and Online ZOOM Workshops! You Choose
(You only need to attend one session)

Date	Time	In-Person Location
Sun, January 21, 2024	2:00-3:30 pm	Hilo – ADRC 1055 Kinoole St.
Wed, March 27, 2024	9:00-10:30 am	Hilo – ADRC 1055 Kinoole St.
Sun, May 5, 2024	2:00-3:30 pm	Hilo – ADRC 1055 Kinoole St.

Zoom **OR** In-Person Workshop Registration:

Register Online:

<https://communityfirsthawaii.org/registration>

Register On The Phone (call or text):

Annie Maeda (808) 987-1230



Sponsored by:



Special mahalo to the Hawaii County Office of
Aging and Disability Resource Center!

Additional questions?
Call/text Amy Hamane
(808) 443-4033